

## BURNALONG "Shaping your Summer Wellness" challenge for full-time employees

**From June 10 - August 10,  
complete 120 minutes in the  
Burnalong platform**

Three drawing winners will receive a \$50 voucher toward Collin College bookstores or cafés. Winners must complete at least 120 minutes of classes in the Burnalong platform.

- 1 This "Shaping Your Summer Wellness" challenge is meant to encompass different aspects of wellness that contribute to your total well-being. This summer, invigorate your day with wellness. Create a vibrant and supportive environment that promotes holistic well-being. From fitness journeys to art therapy, we want each of you inspired to reach new heights and discover the joy of wellness in unexpected ways.
- 2 During the "Shaping Your Summer" challenge, take Burnalong classes from wherever you want, whenever you want. Any participant who completes 120 minutes of classes within the Burnalong platform June 5-August 5 will be entered in a drawing for a \$50 voucher toward Collin College bookstores or cafés. There will be three winners.

*\*As a reminder, you must be logged in to classes in Burnalong; workouts added from other devices and programs do not qualify for this challenge. Collin College will not receive details regarding courses taken, only the list of of participants who exceed 120 minutes during the challenge.*

[Summer Playlist](#)

[Physical Health Playlist](#)



**burnalong**

[Join.burnalong.com/collincollege](https://join.burnalong.com/collincollege)



SCAN ME