

# February

NURTURE MEANINGFUL CONNECTIONS

How can you explore strategies to foster meaningful connections this month?

## b's February Intention: Volunteer Together

b will volunteer with friends and family for a cause they all care about to create a strong sense of connection and shared purpose.

Nurture  
meaningful  
connections



Use the space below to set your intention for February.

A large, light gray rounded rectangular area containing ten horizontal white lines for writing.