**Date**  **Name of Administrative or Educational Unit:** \_\_Athletics & Wellness-Wellness\_\_\_\_

**Contact name:** Linda Muyson **Contact email:** **Contact phone:** **Office Location:**

**Mission:**

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| To promote the idea and eventual practice of health responsibility amidst the campus community.  Key Institutional Outcome Indicators: Overall Satisfaction, Completers, Efficiency, Effectiveness |

**PART I: Might not change from year to year**

| A. Outcomes(s)  Results expected in this department/program | B. Measure(s)  The instrument or process used to measure results | C. Target(s) The level of success expected |
| --- | --- | --- |
| Increase number of participants in the Free non-credit wellness classes offered at all the campuses. | Event Sign-In sheets are collected | 5% increase in participants |
| Increase the number of health education experiences at the annual health and safety fair. | Number of vendors providing health-related experiences.  Satisfaction survey of heath fair participants. | 20% increase in vendors |

**PART II: For academic year** 2012-13 **(enter year i.e. 2011-12)**

**From Part I**

| A. Outcomes(s)  Results expected in this department/program | D. Action Plan Years 5 & 2  Based on analysis of previous assessment, create an action plan and include it here in the row of the outcomes(s) it addresses. | E. Implement Action Plan  Years 1 & 3  Implement the action plan and collect data | F. Data Results Summary  Years 2 & 4  Summarize the data collected | G. Findings  Years 2 & 4  What does data say about outcome? |
| --- | --- | --- | --- | --- |
| Increase number of participants in the free non-credit wellness classes offered at all the campuses. | Continuation of wellness enewsletter, provision of weekly employee time to participate in Wellness program, and campus team competition. Seek budgetary cooperation and support for wellness activities from other depts to pay instructors. | Implement plan and collect data. | 2010/11– 88  2011/12 – 96  2012/13—108 | 2010/11–5% increase  2011/12 – 9% increase  2012/13—Increase of 12.5% |
| Increase the number of health education experiences at the annual health and safety fair. | Increase the number of emails & white board messages to college community to promote fair attendance.  Promote health fair to new vendors 6 months in advance; maintain relationships with past vendors. | Implement plan and collect data. | 2009/10-- 37  2010/11– 41  2011/12 – 47  2012/13— 55 | Vendor participation has increased steadily along with an increase in educational experiences provided to fair participants. |