#### SUSAN FORSHAW-EVANS

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## **OBJECTIVE**

To serve as the Associate Dean/Athletic Director of the Physical Education and Health Department and provide the leadership required to maintain the college's tradition of excellence and service.

## **SUMMARY OF QUALIFICATIONS**

- Demonstrated Leadership
- Team Player
- Positive Personality
- Community Involvement
- New Program Development and Implementation
- Curriculum Development
- Budgeting
- Facility Design and Utilization
- Partnership Involvement
- Media Utilization

## PROFESSIONAL EXPERIENCE

#### Administration

COLLIN COUNTY COMMUNITY COLLEGE DISTRICT

Discipline Coordinator for Physical Education, Health and Dance programs

1993-present

- \* Develop curriculum for new courses: Concepts of Physical Fitness and Wellness, Internet Based Courses, Distance Learning Courses, Live Interactive Courses, Telecourses, Learning Community Courses, Personal Health, Archery, Aerobics, Kickboxing Aerobics, Weight Training, Walking and Fitness, Volleyball, Swimming, Scuba, and Yoga.
- Schedule semester courses and assign faculty.
- \* Coordinate the hiring, evaluating and training for full-time and associate faculty.
- \* Coordinate the development and implementation of strategic plan.
- \* Responsible for selection of materials such as equipment, textbooks and software.
- \* Chaired search committees for the following positions: Men's Basketball Coach, Women's Basketball Coach, Volleyball Coach, Women's Fast-Pitch Softball Coach, Dance Instructor, Wellness Coordinator, Swimming Instructor, Cycling Coach, Fitness Facility Coordinator and PHED Instructor position.

## Wellness Program Director

1987-1988

- \* Provided exercise assessments and programs to faculty and staff.
- \* Taught CPR and aerobic classes to faculty and staff.
- \* Provided equipment orientation sessions to faculty and staff.
- \* Organized and directed CCCCD Health Fair.

Teaching

COLLIN COUNTY COMMUNITY COLLEGE DISTRICT

Professor of Physical Education and Health

1987-present

\* Instructed courses within the curriculum which included Aerobics, Weight Training, Jogging and Fitness, Walking and Fitness, Volleyball, Archery, Racquetball, Golf, Concepts of Physical Fitness and Wellness, Personal Health, Learning Community, Distance Learning, and Cooperative Education.

Associate Faculty of Physical Education and Health

1986

\* Instructed Aerobics and Weight Training courses.

PLANO INDEPENDENT SCHOOL DISTRICT

Adapted Physical Education Teacher Wellness Program Assistant Director

1980-1987 1983-1987

#### **Athletics**

COLLIN COUNTY COMMUNITY COLLEGE DISTRICT

Volleyball Coach

1988-1994

- \* Responsible for starting the program and all phases of coaching: recruiting, housing, academic advisement, counseling, practice and game preparation, and bus driver.
- \* Record: 99-87
- \* Conference winners 1991, 1992, 1993
- \* Region V Champions 1992
- \* Director of summer volleyball camps.
- \* USVBA Club Coach/C.A.P. Instructor 1991-95

Consulting

ZOECON INDUSTRIES, DALLAS, TEXAS

1986

\* Designed fitness facility and created wellness program.

FITTNESS FORMULA, RICHARDSON, TEXAS

1985

Corporate Wellness Consultant

\* Designed programs and taught wellness classes for corporations.

## **EDUCATION**

Texas Woman's University

Master of Arts in Physical Education, 1983 Minor in Special Education Graduate Research Assistant 1980 48 hours of post-graduate work

**GPA 3.8** 

East Stroudsburg University, PA

Bachelor of Science in Physical Education and Health, 1979

Graduated Cum Laude

## CERTIFICATIONS

\* National Strength and Conditioning Association Personal Trainer, 1996-present

\* Institute for Aerobic Research Advanced Personal Trainer, 1996-present

\* USVBA Coaches Accreditation Program, 1992-present

\* International Dance Exercise Association, 1986-1996

\* Certified American Heart Association CPR Instructor, 1979-1999

## HONORS

- \* Outstanding Faculty Award for Health Sciences, Physical Education and Child Development, 1993-1994 and 1996-1997
- \* Notable Women of Texas, 1984
- \* Bureau of Education for the Disabled Federal Grant Recipient, 1980

### SERVICES

COLLIN COUNTY COMMUNITY COLLEGE DISTRICT

Fundraising: \*

- Secured \$25,000 grant with Ericsson Corporation for Exercise Physiology Lab.
  - Par Excellence Scholarship Golf Tournament Committee, 1995, 1996
- Stride for Excellence 10K Committee Member and Volunteer, 1993-1995

- Task Forces: \* Council on Excellence, 1994-1996 (Secretary), 1998-2000
  - Council on Planning and Institutional Effectiveness, 1993-1995
  - Curriculum Task Force, 1994-1995
  - \* PHED Strategic Plan Developer, 1993-1994, 1997-1998
  - \* Chair of Custodial Service Assessment, 1995-1996
  - \* Child Development Service Assessment, 1993-1994
  - Staff Development Team Day Event Coordinator, 1989-1999
  - Chamber of Commerce Golf Challenge

- Community: \* Speakers Bureau AmBucs, PTA, Youth Groups, American Heart Association
  - Chamber of Commerce Golf Challenge Team Member
  - Project Triad Superdrome Committee Youth Development Program
  - Dallas Sting Women's Soccer Club Sports Nutrition Consultant
  - AIDS Awareness Group
  - LPGA Girls Golf Camp Coach
  - CCCCD Cable TV Volleyball Announcer

# PROFESSIONAL ORGANIZATIONS

- \* American Association of Physical Education, Recreation and Dance
- \* National Strength and Conditioning Association
- \* Texas Association of Physical Education, Recreation and Dance
- \* Texas Community College Teachers Association
- \* United States Volleyball Association